Application No. 10/604,678

Amendment date December 2004

Reply to Office Action of September 8, 2004

Amendment to the Specification:

Please replace paragraph [0028] with the following amended paragraph:

[0028] An embodiment of the shock-absorbing device 12 typically comprises seventeen to twenty-one of the first circular projections 22 on the upper surface 18. As illustrated in the embodiment of FIG. 2, each projection 22 can comprise four raised members 26 with an approximately 3 mm separation or recess 28, and a central pin 34. The embodiment also comprises seventy-five individual pivots individual, randomly positioned pivot elements 32.